

WE 
BELONG
 **HERE**



Emilia Strong Sykes | Ohio House Minority Leader

Discussion guide for “Becoming”

1. Audre Lorde once said, “Caring for myself is not self-indulgence. It is self-preservation, and that is an act of political warfare.” This watch party and discussion is an opportunity for us to take time for ourselves and enjoy the company of other women. So, how do you care for yourself?
2. Often we rely on “theme music” to get us ready for a stressful or important event? What’s your “theme song” song when riding into work, preparing for a presentation, or just showing up?
3. What did you think about First Lady Obama’s confession about what she did upon leaving the White House the end of Barack Obama’s presidency? How did it make you feel?
4. When was a time where someone counted you out and told you, that you did belong? How did you overcome it?
5. Where do you feel like you “Belong” the most? Is it a place? A situation?
6. If you had the opportunity to have anyone interview about your life, who would you choose? Why?
7. What advice would you share with Black women in leadership positions? What advice would you give yourself?
8. How would you describe your style? What makes it yours?
9. What part resonated with you the most? What made you laugh? Cry? Yell out?
10. What are you becoming? What do you want to become?

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